BSc (Hons) Adventure Performance and Coaching

Module Map

Focus on: Foundation skills and knowledge

UF807004 Adventure geography: The Scottish perspective

UN807181 Introduction to Professional Adventure Practice UC607005 Human structure and

1st Year - Level 7

UC607001 Introduction to sports coaching and leadership

Option Module

Semester 1

Semester 2

UN808471 Adventure Operations and Risk

UC608002 Sport and

UN808466

Option Performance Module (S2 and analysis and all year of specialist options)

2nd Year – Level 8 Focus on: Core knowledge, practice and reflection

Semester 2

UC608003 Principles of sport

Semester 1

3rd Year – Level 9
Focus on: Critical observation, academic and applied skills enhancement

Semester 2

exercise psychology

Option Module (Sports Science)

UC609005 Fitness)

Option Module (Sports Science) **Option Module**

Option Module

4th Year – Level 10 Focus on: Capstone: critical professional knowledge and

Semester 2

skills application

(All year) UN110851 Dissertation UN810678 Professional

Adventure Project

UC610105 of coaching psychology: skills and

Risk and Decision Making

UN810674 Inclusive

Key:

Option Module